



SOLD GALING Karlie Rose and Katherine Brown hold the medals they won in the Taekwon-Do Junior World Championships. *Photo: Anthony Roberts*

Dynamic Dann now a world champion

Coast is bringing home a swag of medals from Taekwon-Do Junior World Championships.

SOLD GALING Karlie Rose and Katherine Brown have won a swag of medals from the Taekwon-Do Junior World Championships in South Korea. The 15-year-old girls from the Coast are the first to represent New Zealand at the world championships. Karlie won a silver medal in the 49kg weight class and Katherine won a bronze medal in the 57kg weight class. They were also crowned as the New Zealand champions in their respective weight classes. The girls were coached by their mother, Catherine, and their father, David. They have both been training in Taekwon-Do for several years. Karlie is currently a 4th dan and Katherine is a 3rd dan. They are both very proud of their achievements and look forward to representing New Zealand at the next world championships in 2012.



Power Breaking Seminar

Wanganui

Saturday 10 September 2011

9.00am-12.00am - Power Breaking

12.30pm-3.00pm - Power Breaking

Learn from World Champion Power Breaking Coaches

Master Rocky and Mrs Trish Rounthwaite

Wanganui East School, Patapu St, Wanganui East

Any grade - 14 yrs and above

Includes coloured belt grading breaking requirements

\$45 individual, \$85 family of two, \$90 family of three or more.

Multiple breaking stations

Pre seminar registration required <http://itkd.co.nz/events/register/event.php>