FREE

SCHOOL HOLIDAY ACTIVITY

Limited vacancies - register early

Taekwon-Do for Beginners

7-14 years

Conducted by

Master Rocky Rounthwaite

8th degree black belt

A week of fun, fitness, self defence, flying kicks, listening skills, discipline, & much more!

Hastings Intermediate School

(Dance Room)

Monday-Friday 28 September – 2 October 2015

10am-11am

Enrollment essential

rtrtkd.co.nz

(click here)